



Stony Brook University College of Business

Undergraduate Student Internship (BUS 488) Reflections Journal

The purpose of the reflections journal is to enhance your learning through the intentional integration and reconciliation of theory acquired in the classroom and through your own reading, and the actual practices observed and learned during your internship.

Throughout your coursework, you have had the opportunity to read academic quality books and articles written by theorists and practitioners, to listen to presentations of these and other materials by your professors and classmates, and to participate in discussion and debate with those same professors and classmates. The internship provides you with the opportunity to observe and participate in the application of this theoretical knowledge in a work environment. The internship opportunity, and thus your preparation for future employment, is greatly enhanced through the intentional integration and reconciliation of theory and practice. The rigor and clarity of these reflections are magnified by reducing them to written form. This is the primary purpose of the reflections journal, and is the standard by which they will be evaluated.

Your reflections journal must be submitted to your faculty sponsor bi-weekly. No signatures are required until the journal is complete. The reflections journal shall be prepared keeping the foregoing information in mind and using the following format. This form is electronic; the text boxes will expand to accommodate the information you provide. This form is available on the College of Business Internship website

<http://www.stonybrook.edu/commcms/business/career/internship-job-postings.html>



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Reflections Journal

Student Name: Type your name here
Employer Company: Type here
Semester: Type here, include year
Faculty Sponsor: Type here

1.	Date: Observation(s): Reflection(s):
2.	Date: Observation(s): Reflection(s):
3.	Date: Observation(s): Reflection(s):
4.	Date: Observation(s): Reflection(s):
5.	Date: Observation(s): Reflection(s):
6.	Date:



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	Observation(s): Reflection(s):
7.	Date: Observation(s): Reflection(s):
8.	Date: Observation(s): Reflection(s):
9.	Date: Observation(s): Reflection(s):
10.	Date: Observation(s): Reflection(s):

Intern's Name: _____

Internship Period: _____

Signature: _____

Date: _____

Faculty Sponsor: _____

Signature: _____

Date: _____